

Communication Complexity: Lecture 5

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February 6, 2026

1 Public vs. Private Randomness

Theorem 1.1 (Newman's Theorem). *Let $M \in \{0, 1\}^{m \times n}$ and let Π be any public-coin randomized protocol for M with error ε . Then there is a public-coin randomized protocol for M with error 2ε that uses at most $\log \log(mn) + O(\log(1/\varepsilon))$ random bits.*

Proof. A randomized protocol for M with cost c and error ε is a probability distribution \mathcal{D} over deterministic protocols with depth c , such that

$$\forall x, y: \quad \mathbb{P}_{\Pi \sim \mathcal{D}} [\Pi(x, y) \neq M_{x,y}] \leq \varepsilon. \quad (1)$$

Fix some number k and let $\Pi_1, \dots, \Pi_k \sim \mathcal{D}$ be deterministic protocols drawn independently from \mathcal{D} . For input pair (x, y) , we say that a sequence of protocols Π_1, \dots, Π_k is *good for (x, y)* if

$$\#\{i \in [k] \mid \Pi_i(x, y) = M_{x,y}\} \geq (1 - 2\varepsilon)k,$$

and otherwise it is *bad for (x, y)* .

Claim 1.2. *Suppose there exists a sequence Π_1, \dots, Π_k that is good for all input pairs (x, y) . Then there is a randomized protocol computing M with error 2ε and cost c , using at most $\lceil \log k \rceil$ bits of randomness.*

Proof of claim. The new protocol chooses a random $i \sim [k]$ (which requires $\lceil \log k \rceil$ bits of randomness) and then runs $\Pi_i(x, y)$, which has cost c . By definition of goodness, the error of the protocol on (x, y) is

$$\mathbb{P}_{i \sim [k]} [\Pi]_i(x, y) \neq M_{x,y} = \frac{1}{k} \cdot \#\{i \in [k] \mid \Pi_i(x, y) \neq M_{x,y}\} \leq 2\varepsilon.$$

Since this holds for all inputs (x, y) , the protocol has error 2ε . ■

It remains to show that there exists a sequence of protocols Π_1, \dots, Π_k that is good for all input pairs (x, y) simultaneously, for appropriately chosen value of k .

Claim 1.3. *For all input pairs (x, y) ,*

$$\mathbb{P}[(\Pi_1, \dots, \Pi_k) \text{ is bad for } (x, y)] \leq e^{-2k\varepsilon^2}.$$

Proof of claim. For a fixed input pair (x, y) , let $Z_i = \mathbb{1}[\Pi_i(x, y) \neq M_{x,y}]$ be the random variable that is 1 if and only if $\Pi_i(x, y)$ is incorrect. By [Equation \(1\)](#), $\mathbb{E}[Z_i] \leq \varepsilon$, so

$$\mathbb{E}\left[\sum_{i=1}^k Z_i\right] \leq k\varepsilon.$$

The sequence (Π_1, \dots, Π_k) is bad for (x, y) if and only if $\sum_i Z_i > 2k\varepsilon$. Since Z_i are independent Bernoulli random variables, by the Hoeffding bound,

$$\mathbb{P}\left[\sum_{i=1}^k Z_i > 2k\varepsilon\right] \leq e^{-\frac{2k^2\varepsilon^2}{k}} = e^{-2k\varepsilon^2}. \quad \blacksquare$$

We may now complete the proof of the theorem by choosing $k = \frac{1}{2\varepsilon^2} \ln(mn)$. Then by the union bound,

$$\begin{aligned} \mathbb{P}[\exists(x, y) \in [m] \times [n]: (\Pi_1, \dots, \Pi_k) \text{ is bad for } (x, y)] \\ &\leq mn \cdot \max_{x,y} \mathbb{P}[(\Pi_1, \dots, \Pi_k) \text{ is bad for } (x, y)] \\ &\leq mn \cdot e^{-2k\varepsilon^2} < 1. \end{aligned}$$

Therefore there exists a sequence Π_1, \dots, Π_k that is good for all (x, y) , and we obtain a protocol which uses at most $\lceil \log k \rceil = \log \log(mn) + O(\log(1/\varepsilon))$ random bits. \blacksquare

Corollary 1.4. For all $M \in \{0, 1\}^{m \times n}$ and $\varepsilon > 0$, $R_{2\varepsilon}^{\text{priv}}(M) \leq R_\varepsilon(M) + \log \log(mn) + O(\log(1/\varepsilon))$.

Proof. Using Newman's theorem, Alice can generate all $\log \log(mn) + O(\log(1/\varepsilon))$ random bits privately and then send them in a message to Bob. Then they can run the public-coin protocol. \blacksquare

2 Yao's Principle

Let us now turn our attention to lower bounds on randomized communication. Lower bounds on randomized communication (and in fact, randomized algorithms in general) usually use *Yao's principle*, or *Yao's minimax lemma*.

Definition 2.1 (Distributional Communication Complexity). Let $M \in \{0, 1\}^{m \times n}$ be any communication problem and let μ be any probability distribution over the inputs $[m] \times [n]$. Then we write $D_{\mu, \varepsilon}(M)$ for the minimum depth of a *deterministic* protocol Π such that

$$\mathbb{P}_{(x,y) \sim \mu} [\Pi(x, y) \neq M_{x,y}] \leq \varepsilon.$$

In other words, $D_{\mu, \varepsilon}(M)$ is the optimal cost of a protocol with *average* error ε over μ .

Yao's minimax lets us rewrite randomized communication complexity the *deterministic* communication complexity with small average error:

Theorem 2.2 (Yao's Minimax). Write $\mathcal{D}(\mathcal{A})$ for the set of probability distributions over any domain \mathcal{A} . Let $M \in \{0, 1\}^{m \times n}$ be any communication problem.

$$R_\varepsilon(M) = \max_{\mu \in \mathcal{D}([m] \times [n])} D_{\mu, \varepsilon}(M).$$

Proof. We will require a more fundamental minimax theorem known as *von Neumann's minimax theorem*:

Theorem 2.3 (von Neumann Minimax Theorem). Let $Q \in \mathbb{R}^{\mathcal{A} \times \mathcal{B}}$ be any matrix. Then

$$\max_{a \in \mathcal{D}(\mathcal{A})} \min_{b \in \mathcal{D}(\mathcal{B})} a^\top Q b = \min_{b \in \mathcal{D}(\mathcal{B})} \max_{a \in \mathcal{D}(\mathcal{A})} a^\top Q b.$$

Equivalently,

$$\max_{a \in \mathcal{D}(\mathcal{A})} \min_{b \in \mathcal{D}(\mathcal{B})} \mathbb{E}_{i \sim a, j \sim b} [Q_{i,j}] = \min_{b \in \mathcal{D}(\mathcal{B})} \max_{a \in \mathcal{D}(\mathcal{A})} \mathbb{E}_{i \sim a, j \sim b} [Q_{i,j}]$$

Let us rephrase the statement that we wish to prove:

Claim 2.4. For every $c \in \mathbb{N}$ and $\varepsilon > 0$, $R_\varepsilon(M) \leq c$ if and only if, for every distribution μ over inputs, $D_{\mu, \varepsilon}(M) \leq c$.

To apply von Neumann's theorem, recall that a randomized protocol with cost c is a probability distribution over deterministic protocols Π with cost c . Let \mathcal{A}_c be the set of all deterministic protocols with cost c .

Now define the matrix $Q_c \in \{0, 1\}^{([m] \times [n]) \times \mathcal{A}_c}$ whose rows are indexed by input pairs $(x, y) \in [m] \times [n]$, and whose columns are indexed by deterministic protocols with cost c . Then define

$$Q_c((x, y), \Pi) = \mathbb{1}[\Pi(x, y) \neq M_{x,y}],$$

i.e. put a 1 in entry $((x, y), \Pi)$ if and only if the cost- c protocol Π makes an error on input (x, y) . From von Neumann's minimax, we obtain the following:

$$\begin{aligned} & \min_{A \in \mathcal{D}(\mathcal{A}_c)} \max_{\mu \in \mathcal{D}([m] \times [n])} \mathbb{E}_{\Pi \sim A} \left[\mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [Q_c(\Pi, (\mathbf{x}, \mathbf{y}))] \right] \\ &= \max_{\mu \in \mathcal{D}([m] \times [n])} \min_{A \in \mathcal{D}(\mathcal{A}_c)} \mathbb{E}_{\Pi \sim A} \left[\mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [Q_c(\Pi, (\mathbf{x}, \mathbf{y}))] \right] \end{aligned} \quad (2)$$

Our goal is to replace this equation with:

$$\min_{A \in \mathcal{D}(\mathcal{A}_c)} \max_{(x,y) \in [m] \times [n]} \mathbb{P}_{\Pi \sim A} [\Pi(x, y) \neq M_{x,y}] = \max_{\mu \in \mathcal{D}([m] \times [n])} \min_{A \in \mathcal{A}_c} \mathbb{P}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{x,y}]. \quad (3)$$

This will suffice to prove [Claim 2.4](#), hence the whole theorem, because

$$R_\varepsilon(M) = \min\{c \mid \text{left side of (3) is } \leq \varepsilon\}$$

while

$$\max_{\mu} D_{\mu, \varepsilon}(M) = \min\{c \mid \text{right side of (3) is } \leq \varepsilon\}$$

Let us prove two statements:

Claim 2.5. *The left side of Equation (2) is*

$$\min_{A \in \mathcal{D}(\mathcal{A}_c)} \max_{\mu \in \mathcal{D}([m] \times [n])} \mathbb{E}_{\Pi \sim A} \left[\mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [Q_c(\Pi, (\mathbf{x}, \mathbf{y}))] \right] = \min_{A \in \mathcal{D}(\mathcal{A}_c)} \max_{(x, y) \in [m] \times [n]} \mathbb{P}_{\Pi \sim A} [\Pi(x, y) \neq M_{x, y}].$$

Proof of claim. It suffices to show that for every distribution $A \in \mathcal{D}(\mathcal{A}_c)$,

$$\max_{\mu \in \mathcal{D}([m] \times [n])} \mathbb{E}_{\Pi \sim A} \left[\mathbb{P}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{\mathbf{x}, \mathbf{y}}] \right] = \max_{(x, y) \in [m] \times [n]} \mathbb{P}_{\Pi \sim A} [\Pi(x, y) \neq M_{x, y}].$$

It is clear that the left side of this equation is at least the right side, because the max is over a larger set (on the right we are maximizing over distributions μ that put the entire probability mass on a single input pair (x, y)). Therefore we only need to show that the left side is *at most* the right side. Fix any distribution $\mu \in \mathcal{D}([m] \times [n])$ and let

$$\delta_\mu := \mathbb{E}_{\Pi \sim A} \left[\mathbb{P}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{\mathbf{x}, \mathbf{y}}] \right] = \mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} \left[\mathbb{P}_{\Pi \sim A} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{\mathbf{x}, \mathbf{y}}] \right].$$

Since this is an expectation over $(\mathbf{x}, \mathbf{y}) \sim \mu$, there must exist some fixed (x, y) such that

$$\mathbb{P}_{\Pi \sim A} [\Pi(x, y) \neq M_{x, y}] \geq \mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} \left[\mathbb{P}_{\Pi \sim A} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{\mathbf{x}, \mathbf{y}}] \right] = \delta_\mu.$$

Therefore $\max_\mu \delta_\mu \leq \max_{x, y} \mathbb{P} [\Pi(x, y) \neq M_{x, y}]$, as desired. ■

Claim 2.6. *The right side of Equation (2) is*

$$\max_{\mu \in \mathcal{D}([m] \times [n])} \min_{A \in \mathcal{D}(\mathcal{A}_c)} \mathbb{E}_{\Pi \sim A} \left[\mathbb{E}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [Q_c(\Pi, (\mathbf{x}, \mathbf{y}))] \right] = \max_{\mu \in \mathcal{D}([m] \times [n])} \min_{A \in \mathcal{A}_c} \mathbb{P}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [\Pi(\mathbf{x}, \mathbf{y}) \neq M_{\mathbf{x}, \mathbf{y}}].$$

Proof. This proof is essentially the same as the one above. ■

This concludes the proof of [Theorem 2.2](#). ■

3 Discrepancy

For deterministic communication complexity, there is an easy proof that, if there is a cost c protocol computing $M \in \{0, 1\}^{m \times n}$, then there is a monochromatic rectangle of size $mn \cdot 2^{-c}$. We have no similar proof for randomized communication. Even the simplest version of this is open, for randomized protocols of cost $c = O(1)$:

Open Problem 1 ([\[CLV19, HHH23\]](#)). *Let $M \in \{0, 1\}^{m \times n}$ have $R_{1/4}(M) = O(1)$. Then there exists a monochromatic rectangle $X \times Y$ in M such that*

$$|X \times Y| = \Omega(mn).$$

For randomized protocols, instead we have the notion of *discrepancy*, which plays a similar role as monochromatic rectangles.

Definition 3.1 (Discrepancy). Let $M \in \{0, 1\}^{m \times n}$, let μ be any probability distribution over entries of the matrix. Let $\text{zeros}(M) := \{(x, y) \mid M_{x,y} = 0\}$ be the set of 0-entries of M , and $\text{ones}(M) := \{(x, y) \mid M_{x,y} = 1\}$ be the set of 1-entries. For any set $S \subseteq [m] \times [n]$, we define

$$\begin{aligned}\mu_0(S) &:= \mu(S \cap \text{zeros}(M)) \\ \mu_1(S) &:= \mu(S \cap \text{ones}(M)).\end{aligned}$$

Now we define

$$\text{disc}_\mu(M) := \max_{X \subseteq [m], Y \subseteq [n]} |\mu_0(X \times Y) - \mu_1(X \times Y)|$$

Whereas deterministic protocols with cost c must have a monochromatic rectangle with density 2^{-c} , randomized protocols with cost c must have a rectangle with discrepancy $2^{-O(c)}$, as we show in the next theorem.

Theorem 3.2. *Let $M \in \{0, 1\}^{m \times n}$ and let $\varepsilon > 0$. Then for all distributions μ of the entries of M ,*

$$R_\varepsilon(M) \geq \log \left(\frac{1 - 2\varepsilon}{\text{disc}_\mu(M)} \right).$$

Proof. Let $c = R_\varepsilon(M)$ be the cost of the optimal randomized protocol for M . Fix any distribution μ . First we apply Yao's lemma,

$$c = R_\varepsilon(M) \geq D_{\mu, \varepsilon},$$

so there exists a deterministic protocol Π with cost at most c and average error ε over the distribution μ . For each leaf $L \subseteq [m] \times [n]$ of the protocol Π , we may assume without loss of generality that the label of L is 0 if $\mu_0(L) \geq \mu_1(L)$ and 1 if $\mu_1(L) > \mu_0(L)$; otherwise we can swap the label of the leaf and reduce the average error of the protocol. Now we can write the average error as

$$\begin{aligned}\varepsilon &\geq \sum_{\text{leaves } L} \mathbb{P}_{(\mathbf{x}, \mathbf{y}) \sim \mu} [(\mathbf{x}, \mathbf{y}) \in L \wedge \text{label of } L \text{ is not } M_{\mathbf{x}, \mathbf{y}}] \\ &= \sum_{\text{leaves } L} \min\{\mu_0(L), \mu_1(L)\} \\ &= \sum_{\text{leaves } L} \frac{1}{2} (\mu_0(L) + \mu_1(L) - |\mu_0(L) - \mu_1(L)|) \quad (\text{using } \min(a, b) = \frac{1}{2}(a + b - |b - a|)) \\ &= \frac{1}{2} \left(\sum_{\text{leaves } L} \mu(L) \right) - \frac{1}{2} \left(\sum_{\text{leaves } L} |\mu_0(L) - \mu_1(L)| \right) \\ &= \frac{1}{2} - \frac{1}{2} \left(\sum_{\text{leaves } L} |\mu_0(L) - \mu_1(L)| \right) \\ &\geq \frac{1}{2} - \frac{1}{2} \cdot 2^c \cdot \text{disc}_\mu(M),\end{aligned}$$

where we used the fact that there are at most 2^c leaves of Π . Rearranging this inequality, we obtain

$$2^c \geq \frac{1 - 2\varepsilon}{\text{disc}_\mu(M)},$$

and taking the log of both sides gives us the desired conclusion. ■

4 Lower Bound for Inner Product

Definition 4.1 (Inner Product). Let $x, y \in \{0, 1\}^n$. We define the inner product mod 2 problem as

$$\text{IP}_n(x, y) := \sum_{i=1}^n x_i y_i \pmod{2}.$$

Theorem 4.2. $R_{1/4}(\text{IP}_n) = \Theta(n)$.

Proof. We will use the discrepancy lower bound with μ being the uniform distribution over $\{0, 1\}^n \times \{0, 1\}^n$.

Let $X \times Y$ be any rectangle

$$\begin{aligned} \text{disc}_\mu(X \times Y) &= |\mu_0(X \times Y) - \mu_1(X \times Y)| \\ &= \left| \mathbb{E}_{\mathbf{x}, \mathbf{y}} [\mathbb{1}[\mathbf{x} \in X] \mathbb{1}[\mathbf{y} \in Y] (\mathbb{1}[\langle \mathbf{x}, \mathbf{y} \rangle \text{ even}] - \mathbb{1}[\langle \mathbf{x}, \mathbf{y} \rangle \text{ odd}])] \right| \\ &= \left| \mathbb{E}_{\mathbf{x}, \mathbf{y}} [\mathbb{1}[\mathbf{x} \in X] \mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}] \right| \\ &= \sqrt{\mathbb{E}_{\mathbf{x}, \mathbf{y}} [\mathbb{1}[\mathbf{x} \in X] \mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2} \end{aligned}$$

To advance in the proof, let's introduce an important inequality called Jensen's inequality.

Proposition 4.3 (Jensen's Inequality). *Let $\phi: \mathbb{R} \rightarrow \mathbb{R}$ be any convex function. Then for any random variable $z \in \mathbb{R}$,*

$$\phi(\mathbb{E}[\phi(z)]) \leq \mathbb{E}[\phi(z)].$$

Since the function $z \mapsto z^2$ is convex,

$$\begin{aligned} \mathbb{E}_{\mathbf{x}, \mathbf{y}} [\mathbb{1}[\mathbf{x} \in X] \mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2 &= \mathbb{E}_{\mathbf{x}} \left[\mathbb{1}[\mathbf{x} \in X] \mathbb{E}_{\mathbf{y}} [\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2 \right] \\ &\leq \mathbb{E}_{\mathbf{x}} \left[\mathbb{1}[\mathbf{x} \in X]^2 \mathbb{E}_{\mathbf{y}} [\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2 \right] \\ &= \mathbb{E}_{\mathbf{x}} \left[\mathbb{1}[\mathbf{x} \in X] \mathbb{E}_{\mathbf{y}} [\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2 \right] \\ &\leq \mathbb{E}_{\mathbf{x}} \left[\mathbb{E}_{\mathbf{y}} [\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle}]^2 \right], \end{aligned}$$

where the last inequality holds since both terms inside the expectation are positive and $\mathbb{1}[\mathbf{x} \in X] \leq$

1. Now

$$\begin{aligned}
\mathbb{E}_x \left[\mathbb{E}_y \left[\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle} \right]^2 \right] &= \mathbb{E}_x \left[\mathbb{E}_y \left[\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle} \right] \mathbb{E}_y \left[\mathbb{1}[\mathbf{y} \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle} \right] \right] \\
&= \mathbb{E}_x \left[\mathbb{E}_{\mathbf{y}, \mathbf{y}'} \left[\mathbb{1}[\mathbf{y}, \mathbf{y}' \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} \rangle} (-1)^{\langle \mathbf{x}, \mathbf{y}' \rangle} \right] \right] \\
&= \mathbb{E}_x \left[\mathbb{E}_{\mathbf{y}, \mathbf{y}'} \left[\mathbb{1}[\mathbf{y}, \mathbf{y}' \in Y] (-1)^{\langle \mathbf{x}, \mathbf{y} + \mathbf{y}' \rangle} \right] \right] \\
&= \mathbb{E}_{\mathbf{y}, \mathbf{y}'} \left[\mathbb{1}[\mathbf{y}, \mathbf{y}' \in Y] \mathbb{E}_x \left[(-1)^{\langle \mathbf{x}, \mathbf{y} + \mathbf{y}' \rangle} \right] \right]
\end{aligned}$$

For any fixed $\mathbf{y}, \mathbf{y}' \in \{0, 1\}^n$, if $\mathbf{y} + \mathbf{y}'$ has any coordinate $i \in [n]$ where $y_i + y'_i = 1$, then

$$\mathbb{E}_x \left[(-1)^{\langle \mathbf{x}, \mathbf{y} + \mathbf{y}' \rangle} \right] = \mathbb{E}_x \left[(-1)^{\langle \mathbf{x}_{[n] \setminus i}, (\mathbf{y} + \mathbf{y}')_{[n] \setminus i} \rangle} (-1)^{x_i} \right] = \mathbb{E}_{\mathbf{x}_{[n] \setminus i}} \left[(-1)^{\langle \mathbf{x}_{[n] \setminus i}, (\mathbf{y} + \mathbf{y}')_{[n] \setminus i} \rangle} \right] \mathbb{E}_{x_i} \left[(-1)^{x_i} \right] = 0,$$

where $\mathbf{x}_{[n] \setminus i}$ is the substring obtained by deleting coordinate i . On the other hand, if $\mathbf{y} + \mathbf{y}'$ has no coordinate i where $y_i + y'_i = 1$, then $\mathbf{y} = \mathbf{y}'$. So

$$\begin{aligned}
\mathbb{E}_{\mathbf{y}, \mathbf{y}'} \left[\mathbb{1}[\mathbf{y}, \mathbf{y}' \in Y] \mathbb{E}_x \left[(-1)^{\langle \mathbf{x}, \mathbf{y} + \mathbf{y}' \rangle} \right] \right] &= \mathbb{P}[\mathbf{y} = \mathbf{y}'] \cdot \mathbb{E}_{\mathbf{y}, \mathbf{y}'} \left[\mathbb{1}[\mathbf{y} \in Y] \mathbb{E}_x \left[(-1)^{\langle \mathbf{x}, 2\mathbf{y} \rangle} \right] \mid \mathbf{y} = \mathbf{y}' \right] \\
&= \frac{1}{2^n} \cdot \mathbb{P}[\mathbf{y} \in Y] \leq \frac{1}{2^n},
\end{aligned}$$

since $(-1)^{\langle \mathbf{x}, 2\mathbf{y} \rangle} = 1$ always, since $\sum_i 2x_i y_i$ is even. Therefore

$$\text{disc}_\mu(X \times Y) \leq \sqrt{2^{-n}} = 2^{-n/2},$$

so

$$R_{1/4}(\text{IP}_n) \geq \Omega \left(\log \left(\frac{1}{\text{disc}_\mu(\text{IP}_n)} \right) \right) = \Omega(n). \quad \blacksquare$$

References

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